

SE MN H.O.G. CLUB #2443
ROCHESTER HARLEY
DAVIDSON
7180 Highway 14 East
Rochester, MN 55904
507-288-9050



[Southeastern Minnesota Harley Owners Group #2443](#)
August 2016 Newsletter

Directors Notes

Hello,

Would like to wish everybody that's going to Sturgis safe travels, maybe I will run into you out there. If anybody needs more raffle tickets before next Wednesday the 3rd I do have some in town just let me now. Also the meeting is on the 16th at Kings Crossing then we move back to the Harley shop on Saturday mornings starting in September.

Thanks,

Tom Keller

Director

Upcoming Events

August 8rd – 14th

[Sturgis](#) (info only non-H.O.G. event)

August 16th

SEMN HOG Meeting at Kings Crossing Bar and Grill @ 6:00PM, Social Hour/dinner @ 5:30 pm (Officer Meeting before if needed)

Harley Owners Group Meeting Minutes for July 12, 2016

Meeting called to order by Director Tom Keller

- Director- Tom-
 - State of MN HOG Rally was great. Had about 600 bikes for the Rally Weekend.
 - Next Year Rally will either be Regional or State but Information will not be released until September
 - Sturgis is next month Aug 8th-14th
 - Next Month Meeting is Aug 16th as to not interfere with people attending Sturgis
 - Meetings will once again go back to Saturday Mornings at Rochester Harley starting in September
 - Grand Meadow sent a thank you for the Donation received from the Group

- Assistant Director- Lyle- Nothing New to Report

- Treasurer- Leon- Not Present

- Membership Director –Teresa- reported
 - As of meeting 91 members have paid their 2016 Membership Fees.
 - National HOG Anniversaries: Paul Stewart 15 years and Diane Zitman 10 years
 - 1 New Member-Sandy Carlon

- Safety Director- Charlie-
 - Last week there were some street lights not working. Sensors can be adjusted for Bikes so that they register and trigger the lights to change.
 - Nobody has been able or will to explain the appropriate amount of time you have to sit thru lights that will not change for a motorcycle to proceed thru an intersection
 - No Law for seatbelt use in slingshot but a bill is coming that reads if a vehicle/bike has them then they must be used
 - Safety Handouts available if anyone would like them

- Dealership News-
 - Sturgis Rumble Sale: Aug 5th & 6th
 - New Clothing Coming In! Come see what we've got so far ☺
 - Hero's Ride: Leaving from Rochester HD July 16th; Reg 10am-12pm; Kickstands Up 12:15pm
 - Please plan ahead on your service if you're going to Sturgis or elsewhere-the service is filling up fast

- LOH officer ~ Patty – Not Present

- Activity Officer- Tony –
 - July Birthday Ride to Buzzard Billy's was last Saturday July 9th
 - Upcoming Events-Hero's Ride 16th; RMH Cruise 24th; Aug 13th Poker Run Birthday Ride and Aug 16th Next Meeting.

- Contribution Committee-Mike Shumaker-
 - Wabasha & Ostrander still have not returned calls about donation check arrangements
 - Goodhue First Responder we will be giving a few weeks with the loss of their Chief and then will see how they would like to proceed

Respectfully submitted by Secretary Dale McIntyre

Contribution Committee

Ostrander First Responders

Amanda Miner will be attending are next meeting August 16 at Kings Crossing to receive their check

Thank You,
Mike Shumaker

Membership Officer Notes

89 members

No HOG anniversaries in August.

August Birthdays: Diane Mitchell; Anne Mehnke; Charlie Milligan; Mike Madden; Duane Koehler

Thanks. Teresa
Membership Officer

Ladies of Harley

Hello LOH!

Please contact Patty Haimes with any ideas for fund raisers and I will make it happen 😊

Patty-Ann at 507-993-7857 or send an email to patty_blue2u@yahoo.com.

Thank you for your participation and support.

Sincerely,
Patty-Ann Haimes
Ladies of Harley

Activity Notes

August Birthday Ride/poker run

Saturday, August 13th. Meet at Kwik Trip on Hwy 14 and Marion Road.

Kickstands up at 9:30AM. Riding through Lanesboro, Rushford, Houston and LaCrescent on our way to Minneiska for our final stop at Bucks Bar and Grill.

Thank you

Tony Haimes
Activity Officer

Editor Notes

All input for newsletter should be submitted no later than the 20th of the month to make the next newsletter. If you have any questions on this subject or have any suggestions for a future newsletter, please e-mail or give Dale McIntyre a call. Thank you all for your support and input for the newsletter. You all help make this a good monthly newsletter. You may submit articles to daddyslpl@kmtel.com.

Dale McIntyre
Newsletter Editor

Webmaster Notes

Check out our social media and “Like” us on our Facebook: [SEMNHOG #2443](#) (www.facebook.com/SEMNHOG2443). Or “Follow” us on Twitter: [SEMNHOG #2443](#) (twitter.com/SEMNHOG2443). You can send your fellow member a Tweet!

You may submit input, pictures, events, etc. When submitting info for web site, please include all info needed such as pictures and events plus make a statement in subject line as to content. Also, if you have any questions on this subject or have any suggestions for content on web site, please send an e-mail or call one of the Webmasters.

All information should be sent to:

Dale Nelson: semnhog.webmaster@gmail.com / 507-254-9337

Leon Plantz: leon074@aol.com / 507-281-9198

Thank you all for your support and input for the web site. You all help to make this a good web site that will keep us all informed and help promote SE MN H.O.G. Club.

Dale Nelson
Webmaster



Around the Bend

“HOT TOWN, SUMMER IN THE CITY, BACK OF MY NECK GETTIN DIRTY AND GRITTY”.

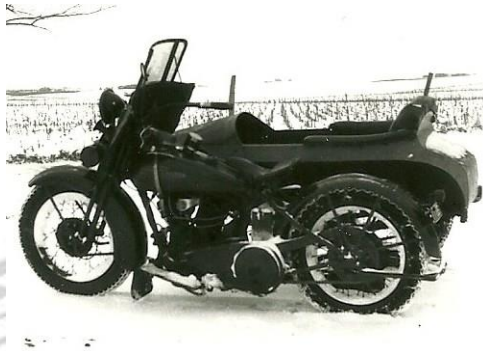
Thanks to the LOVIN SPOONFUL’S for this months’ tune written by John Sebastian around August, 1966 and later, done by Joe Cocker in 1994. Kinda describes how the last few days have been. I have talked about it some before, but how does hot weather affect us and our bikes? The first issue is HYPERTHERMIA. Not to be confused with hypOthermia, a cold related condition, hyperthermia is a heat related “illness”. HEAT EXHAUSTION may be the first sign of hyperthermia. Heat exhaustion typically causes weakness, nausea, vomiting, headache, muscle cramps and profuse sweating. Other forms of heat illness include HEAT CRAMPS, (involuntary spasms of large muscle groups), HEAT SYNCOPE (fainting or light headedness, often times caused by over exertion) and HEAT RASH (a prickly or itchy feeling of the skin along with red bumps on the skin). The most severe form of hyperthermia is HEAT STROKE. In this case, the body is no longer able to regulate its’ internal temperature and body temperature may exceed 105°. At this temperature, damage to the brain (or, if you have lived thru the 60’s, what’s left of it) and other organs may occur. Symptoms of this may be muscle cramps, fatigue, dizziness, headache, nausea, vomiting and weakness. The heart-rate may be elevated and the skin may appear reddened. If sweating is still occurring, the skin may feel cool and moist. If there is no sweating, the skin may feel very warm even after being out of the sun for a while. Confusion and mental changes may develop. Ultimately, there may be seizures, brain damage, coma and in extreme cases death can occur.

Risks for these conditions may result from a combination of outside temperature, activities one is engaged in, general health and an individuals lifestyle. Breaking these down a little further, outside temperature is something we can’t control. The best thing a person can do in extreme temperatures as we have had the past few days and will most certainly be in STURGIS, is find someplace to cool down. I have had “non riders” say “it must be cooler riding on those hot days”. My return is it is like sitting in front of a hair dryer (don’t know much about them OBVIOUSLY) for a long period of time. If the cause of the discomfort is the temperature and/or activities, some suggestions: after finding a cooler place, lie down if the symptoms are severe. Drink “cool” drinks like water, fruit and vegetable juices. I know, a COLD BEER sounds good, but avoid alcohol and caffeine. If available, apply cold cloths to the wrists, neck, armpits, and groin. Blood passes close to the skin in these areas for the best effect. Age (who ya callin olde?) and general physical health can be a factor in the sensitivity to heat. As we age, blood circulation may be affected as well as sweating ability. Some prescription and non prescription “drugs” can affect how we react to temperature. If you are working with someone who is having difficulty related to the temperature, try to find out if they have a medical condition or are taking medication that may aggravate or cause the condition. If someone suspects that they or someone else may be on the verge of a HEAT STROKE, all the listed suggestions apply along with calling 911 ASAP!!

HEAT STROKE is nothing to FOOL WITH OR IGNORE The consequences may be severe! OK, we now may be able to recognize and manage ourselves and others but how about the RIDE? Those V-TWINS can get really hot. The bikes are tested and run in extremely hot as well as extremely cold weather during development. Was told once that if the top end sounded like marbles in a coffee can, it was probably still ok. If you suspect something out of the ordinary with the bike, find a place to let-er cool down a while, you probably needed a break anyway. If you suspect anything further, find a dealer in the HOG ATLAS that we all carry-RIGHT?? If you had your tires at the FACTORY RECOMMENDED PRESSURES, they should be ok. The pressure will most certainly have gone up (1 # for every 10°). DO NOT let air out of the tires. Remember, the MAX PRESSURE on the tire sidewall is a cold inflation pressure and NOT the factory recommended pressure.

Last ramble. On the road, late in the heat of the day, started feelin like I was on ice. The oil in the tar was cookin out of the pavement! It can happen. Watch out for slippery roads because of this. This can also result from the crack filler used on the roads I call ROAD SNAKES. Slow down, use caution and be observant. If ya go out west, frequently you will see the old timers wearin a long sleeve white shirt. Not only does the white reflect the sun to a certain extent, but the sleeve protects ya from sunburn. It also works well to wet them down to get some additional cooling. I have also been known to wet the inside of my helmet, but that's up to you. I personally have known of someone who had a heat stroke. It was long ago but the results lasted this persons entire life. HEAT is nothing to fool with or joke about. So remember--

LET'S BE CAREFUL AND STAY COOL OUT THERE!!!



Used before but thought seein this '28/74 sidecar rig in the snow might be refreshing!!!

Just a Little (BIG) Reminder!!!

YOU are your FIRST line of DEFENSE!!
YOU are your FIRST, MOST BASIC
SAFETY DEVICE!!

2016 Chapter Events and Rides

- August 8rd – 14th [Sturgis](#) (info only non-H.O.G. event)
- August 16th SEMN HOG Meeting at Kings Crossing Bar and Grill @ 6:00PM, Social Hour/dinner @ 5:30 pm (Officer Meeting before if needed)
- September 1st - 3th [WI State H.O.G. Rally](#) in Milwaukee, WI. Registration deadline is July 14st. Go to the following web site for registration, sign up to volunteer, or for more info <http://www.wistatehogrally.com/>
- September 5th Officer Meeting @ Eagles. Social hour @ 5:30PM, meeting @ 6PM - open to all members
- September 10th SEMN HOG Meeting at Rochester Harley @ 9:30AM.
- September 13th-18th [Tomahawk WI ride](#) (info only non-H.O.G. event). Go to the web site for more info.
- September 17th [Flood Run](#) (info only non-H.O.G. event) for more info <http://www.floodrun.org/>
- September 21th-24th [Bikes, Blues and BBQ Rally](#) (info only non-H.O.G. event)
- October 3th Officer Meeting @ Eagles. Social hour @ 5:30PM, meeting @ 6PM - open to all members
- October 8th SEMN HOG Meeting at Rochester Harley @ 9:30AM.
- November 5th Freeze Your Butt Ride. Let's Ride! Meet @ Rochester Harley @ 10:30AM, kickstands up at 11AM.
- November 7th Officer Meeting @ Eagles. Social hour @ 5:30PM, meeting @ 6PM - open to all members
- November 12th SEMN HOG Meeting at Rochester Harley @ 9:30AM, (Election Nominations). After meeting ride. Turn in mileage and chapter challenge sheets today.
- November 28th Officer Meeting @ Eagles. Social hour @ 5:30PM, meeting @ 6PM - open to all members
- December 3th SEMN HOG Meeting at Rochester Harley @ 9:30AM (Elections). Rochester Harley Davidson Open House and SEMN HOG Bike Drawing @ 2:00PM.
- December 10th Bell Ringing for the Salvation Army at K-Mart from 9AM to 4PM. Please contact Mike Shumaker mikeshu@charter.net for ringing details.

NOTE: DATES ARE TENTATIVE AND SUBJECT TO CHANGE

SE MN H.O.G. OFFICERS

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